JOTZDAN THOMAS

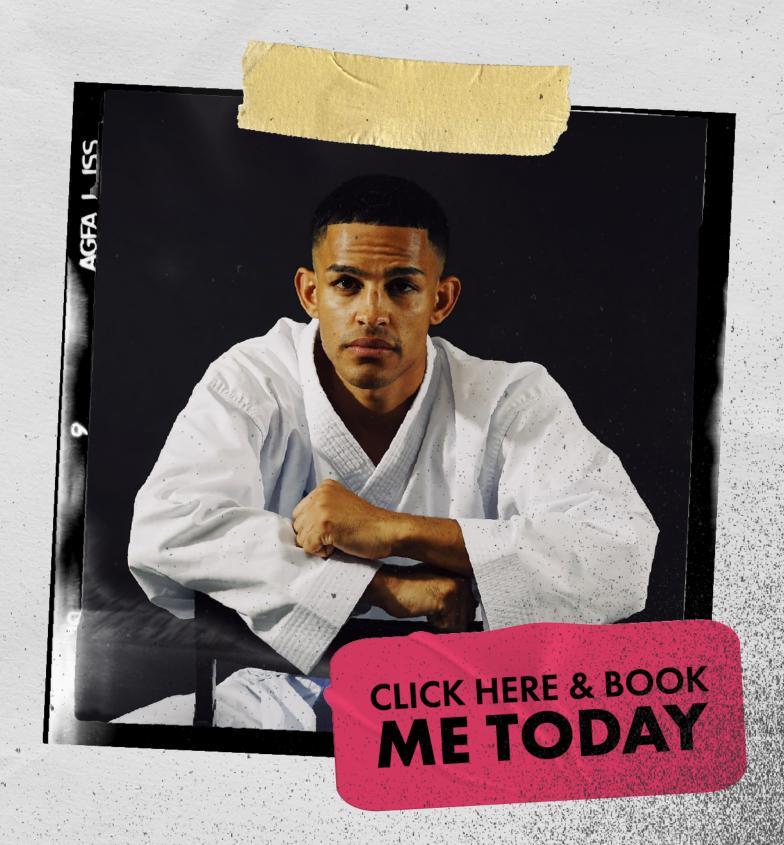


World & European Karate Champion

Jordan is a coach and mentor for young people, working as a High Performance Manager at Oaklands College. He uses what he learned during his competitive career in karate to help others, running a successful karate academy which produces a pathway to elite sport.

"If they can learn and practice resilience, focus, self-discipline and problem-solving it will boost their confidence.

"If they use these skills every day, they will have world champion lives."



SESSIONS FOCUS ON:

- **Mindset Coaching**
- Motivational Speaking
- Karate / Taekwondo Sessions

AVAILABLE FORZ:

- Primary & Secondary
- **Southern Schools**

