

# SOPHIE BAVERSTOCK

## Autism Ambassador & Creativity Queen

Professional makeup artist, hair stylist and award-winning special effects makeup designer Sophie Baverstock advocates for creativity, individuality, and neurodiversity awareness. Notably, she was the youngest (and just second) person with Autism to win a TV programme (Glow Up - Netflix / BBC - 2021).

Sophie speaks openly about her Autism diagnosis through her platform of half a million followers, and she wants all young people to feel empowered to be confident.

Sophie's goal as a Make Life Kind Charity Ambassador is clear: "Whatever it is a young person needs to be the best they can be, we should give it to them. I try my best to make sure more young autistic people advocate for their needs and have people like us beside them doing the same."



### SESSIONS FOCUS ON:

- ✓ Embracing Your Creativity
- ✓ Neurodiversity
- ✓ Makeup Masterclass Session

### AVAILABLE FOR:

- ✓ Secondary Schools
- ✓ Southern Schools



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About The  
Movement