

SHAUN FLORES

OCD Awareness Advocate

Shaun Flores is a passionate advocate for mental health, neurodiversity, masculinity and societal change, dedicated to positively influencing young people.

At 27, Shaun was diagnosed with OCD, a turning point that led him to challenge misconceptions about the condition and become one of the few Black advocates for OCD awareness in the UK. His recovery journey has empowered him to collaborate with OCD charities and support others facing similar challenges.

As a Children's Well-being Practitioner within the NHS, Shaun brings practical skills and insights to his advocacy work. His mission is to bridge the mental health gap between generations, fostering understanding and support.



CLICK HERE
& BOOK ME
TODAY

SESSIONS FOCUS ON:

- ✓ OCD Advocacy & Coaching
- ✓ Thriving Together as an Inclusive Team
- ✓ Mental Health Support

AVAILABLE FOR:

- ✓ Secondary Schools
- ✓ Southern Schools



Learn More
About The
Movement