

# LYNDON LONGHORNE



## Para-GB Swimmer & Disability Champion

At just 8 1/2 months old, Lyndon contracted Meningitis, which led to amputations to both legs, right arm, and fingertips on his left hand. As a Quadruple Amputee, he was introduced to swimming at the age of 1 by his grandfather, and at 16 completed his first national championships. Growing up to debut at the Tokyo 2020 Paralympics... Lyndon is now a Paralympic GB Athlete.

Lyndon is passionate about driving disability awareness into schools, and encouraging young people to believe and achieve! His sessions fight the stigmas around disabilities and outline the importance of inclusive sports and classrooms.



**CLICK HERE & BOOK ME TODAY**

### SESSIONS Focus On:

- ✓ Disability Awareness
- ✓ Overcoming Adversity
- ✓ Inclusion & Diversity

### AVAILABLE FOR:

- ✓ Primary, Secondary & SEND
- ✓ Northern Schools



Learn More About The Movement